



# Sequoia Council – Silver Bear BOY SCOUTS OF AMERICA National Youth Leadership Course

## Personal Equipment List

### Suggested Personal Equipment Checklist

Only the Boy Scouts of America official uniform and parts are acceptable. **Be prepared for an overnight hike (using Leave No Trace Techniques & carrying all gear – taught at course) as well as living in camp.**

Required: \_\_\_\_\_

- |  |   |
|--|---|
| _____ Official Boy Scout uniform shirt     | _____ Mess kit (plate, bowl, cup, knife, fork, and spoon) |
| _____ Official Boy Scout uniform pants     | _____ Canteen or water bottle (one quart size or larger)  |
| _____ Official Boy Scout uniform stockings | _____ Ground cloth  |
| _____ Official Boy Scout belt and buckle   | _____ Sleeping bag  |
| _____ Troop neckerchief                    | _____ Flashlight with spare batteries                     |
| _____ Neckerchief slide                    | _____ Personal first aid kit                              |
| _____ Shoes suitable for hiking            | _____ Ball point pen, pencil                              |
| _____ Raincoat or pancho                   | _____ Scout knife (blade less than palm width)            |
| _____ Sweater, jacket, sweat shirt         | _____ <i>Boy Scout Handbook</i>                           |
| _____ Underclothing (3 sets)               | _____ Personal Health and Medical Record Form             |
| _____ Handkerchief (as needed)             | _____ Medication Form                                     |
| _____ Towels                               | _____ Sunburn lotion                                      |
| _____ Washcloth                            | _____ Insect repellent                                    |
| _____ Toothpaste and toothbrush            | _____ Personal Folding Chair                              |
| _____ Hand soap                            | _____ Long Pants for Overnight Hike                       |
| _____ Comb                                 |   |
| _____ Pack (with frame)                    |   |
| _____ Tent                                 |   |
| _____ Required/prescribed medication       |   |

Optional \_\_\_\_\_

- |   |                                      |
|---|--------------------------------------|
| _____ Compass (BUT Recommended)                         | _____ <i>Fieldbook</i> , No. 33200   |
| _____ Watch   | _____ Washbasin (plastic or canvass) |
| _____ Religious book                                    | _____ Air mattress or foam pad       |
| _____ Extra prescription eyeglasses                     | _____ Sewing kit                     |
| _____ Camera and film                                   | _____ Extra uniform parts            |
| _____ Pajamas   | _____ Extra socks                    |
| _____ <i>Cooking</i> merit badge pamphlet, No. 33349    | _____ Personal Scouting equipment    |
| _____ <i>Pioneering</i> merit badge pamphlet, No. 33377 | _____ Stationary and stamps          |

Do Not Bring \_\_\_\_\_

- \_\_\_\_\_ Electronics of Any Kind
- \_\_\_\_\_ Food or snacks
- \_\_\_\_\_ Magazines except Scout or Religious material